

Behavior in case of suspected corona

- If you develop **cold symptoms** (cough, runny nose, sore throat, aching limbs, fatigue, headache, chills, shortness of breath) and fever (body temperature above 38°C), **stay at home**. In this case, please call your social worker or integration manager. We will arrange for you to be tested for Covid-19.

Social worker - Name:



Your social workers uses **Signal**, an instant messenger service. You can use Signal to write messages, make free calls and send pictures.

Download "Signal Messenger" from the AppStore or PlayStore.

- If you cannot reach the social worker or integration manager, please call your family doctor. **DO NOT** simply go to your family doctor or hospital! If you cannot reach your family doctor, please call ☎ 116 117 or ☎ 112. If you have acute respiratory distress, call the emergency doctor: ☎ 112.
- Please always observe the following 5 points:

1



Always keep your distance from other people (1.5 - 2 meters) and stay at home or in the room.

2



Wash hands often with soap
No shaking hands.
No hugs.
No kisses to greet.
Don't touch your face.
Throw away handkerchiefs after use.

3



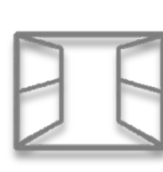
Wear a mouth and nose cover when you cannot keep your distance from other people.
Please wear a mouth and nose cover in the hallways of your accommodation.

4



Sneeze and cough into the crook of your arm.

5



Ventilate your room or apartment for 5-10 minutes every hour. Open the windows fully.

The Corona pandemic is not yet over.

These rules of conduct must be followed, because your health is at stake.