



**STOPP**  
häuslicher  
Gewalt

# What to do in case of domestic violence?

## Do you know this situation?

The person you live with - whether he be your husband, boyfriend or relative - has started to act violently towards you or has threatened you with violence.

Living together this way is no longer possible.

You're scared and stressed by the situation. You're looking for a way out.

### Security and Protection

If you're physically assaulted at home, you can dial **110** to inform the **police** and receive immediate protection from the abuse.

The police are able to banish the abuser from the apartment. The man has to hand over his key and leave the apartment. Then, he's not allowed to return for up to 14 days.

During these 14 days, you've got the chance to reflect calmly on what you would like to do.

**Use this time to arrange a counselling session!**

### Help and Advice

We support, inform and care for you, no matter if you wish to separate from your partner or stay with him..

If you don't speak German, just ask a friend or someone you know to give us a call. They shall be most welcome to attend the counselling sessions with you. We also provide interpreters for various languages.

We support you if you wish to make an emergency court appeal for the legal allocation of your shared apartment.

Furthermore you can also make an appeal for a protective order. This means that the abuser is forbidden to contact or bother you and to stay in the vicinity.

If your residence permit is still dependent on your husband, you can apply for your own residence permit. If you separate from your husband, you'll retain joint custody and won't lose your children.

In certain cases, you can also apply for their sole custody .

### Women's shelter

Women can decide if they need the protection of a women's shelter.

In the women's house they can calm down and plan their further life. You receive counselling regularly. There are support programs for children.

### Women's centre

The women's centre is an independent advisory centre for women. We also provide help for children affected by violence.



**08000 116 016**

### Helpline for women

Our helpline is available all across Germany, 24 hours a day and 365 days a year. There you can receive information in various languages on how to act in case of domestic violence.

**POLICE EMERGENCY CALL**

**110**

Info sheet

**Domestic violence is punishable by law and is NOT OK!**

**Advice and help in the area und the council of Reutlingen**

LANDKREIS REUTLINGEN



Stadt Reutlingen |



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Landkreis Reutlingen 07121-480-4216  
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Frauenzentrum  
Beratung und Information für Frauen